

**PROGRAMME**

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| 9:00 am | Athlete’s Registration |
|  | Athlete’s numbering |
|  | Warm Up |
| 9:50am | End of warm Up  |
|  |  |
| 9:55πμ | Opening Ceremony  |
|  |  |
| 10:00πμ | Start of 1000m Freestyle |
|  | Award ceremony of 1000m Freestyle |
|  | Start of 5 X 200m Freestyle Medley |
|  | Award ceremony of 5 X 200m Freestyle Medley |
|  | End of the Games |